

Session 4: Anchor Strands & Where Webs Begin

"Resilience, according to the spider, is drawn out of the ability to flex in order to withstand stress, to bend in significant ways without breaking. It is also the ability to reweave the broken strands, so as not to lose your home, and to do so without becoming too exhausted to go on. Woven faith is resilient faith. *Woven faith, anchored to who God is, and yet uniquely shaped, has the strength to withstand real life.*" p.227



God is Good

God is Joyful

- Joy often written off as frivolous
- Surprisingly, joy takes practice
- Jesus, wedding at Cana

God is Powerful

God is With Us

- "...there isn't proof, and yet there [is] presence" p.176
- Sin does not limit God's ability to draw near to us
- Pillar of fire/cloud guiding Israelites out of Egypt

God is Just

Jesus is Lord

- What do you trust to help/save you when things get hard?
- "Idols promise protection, provision, and *prevention*."
- Jesus' "Triumphal Entry" into Jerusalem

Weaving the web: first...

NAME:

- What season are you in right now? (aka, what scheduling pieces do you need to work around?)
- What are your options? (brain dump)

NARROW:

- How does XYZ practice help us anchor to who God is?
- How does XYZ practice fit in our family life right now? (what is realistic)



...then:

TINKER:

- Experiment!
- Pace
- Personality
- Preparation
- Protecting Time
- Connected to the Person
- Perfectionism

Example:

Sunday dinner. Didn't work, until the time was protected, the "why" was clarified, and some more preparation was done ahead of time.